MINUTES

Meeting:	CORSHAM AREA BOARD
Place:	Corsham Town Hall, High Street, Corsham SN13 0EZ
Date:	21 May 2019
Start Time:	7.00 pm
Finish Time:	9.10 pm

Please direct any enquiries on these minutes to:

Kev Fielding (Democratic Services Officer) on 01249 706612 or
kevin.fielding@wiltshire.gov.uk.

Papers available on the Council's website at www.wiltshire.gov.uk

In Attendance:

Wiltshire Councillors
Cllr Ben Anderson, Cllr Ruth Hopkinson, Cllr Brian Mathew and Cllr Philip Whalley (Chairman)

Wiltshire Council Officers
Community Engagement Manager – Ros Griffiths
Democratic Services Officer – Kev Fielding

Town & Parish Council Representatives
Box Parish Council – David Moore
Corsham Town Council – Sharon Thomas
Lacock Parish Council – Jane Durrant

Partners
Wiltshire Police – Insp Mark Luffman
Healthwatch Wiltshire – Anne Keat
Corsham Health & Wellbeing Group – Kevin Gaskin

Total in attendance: 45

34	<u>Election of Chairman</u> Cllr Phil Whalley was elected as Chairman for the forthcoming year 2019/20.
35	<u>Election of Vice-Chairman</u> Cllr Brian Mathew was elected as Vice-Chairman for the forthcoming year 2019/20.
36	<u>Appointment to outside bodies</u> The following appointments to Outside Bodies were agreed: • Community Area Transport Group – All members • Local Youth Network – Cllr Ben Anderson • Health and Wellbeing Group – Cllr Brian Mathew • Pound Arts – Cllr Phil Whalley
37	<u>Wiltshire Police update</u> Inspector Mark Luffman presented the written Wiltshire Police update.
38	<u>Corsham JSA - health and wellbeing</u> Kate Blackburn - Public Health Consultant, Wiltshire Council gave a short presentation that outlined the health and wellbeing of the Corsham community area. Points made included: • That in recent years there had been dramatic improvements in life expectancy with people across the UK enjoying longer lives. • Between 2014 and 2023 it was expected that the number of people in Wiltshire aged over 65 would increase by around a quarter and the number over 85 would increase by a third. • That a more elderly population typically had more complex health and care needs, e.g. the number of people with dementia in Wiltshire was predicted to double by 2030. • That more people were choosing or needing to delay retirement and

		consequently greater numbers of older people were working or caring for an elderly relative or providing childcare support to the next generation. • At least 1 in 4 people would experience a mental health problem at some point in their life. • 1 in 6 adults had a mental health problem at any one time. • Almost half of adults would experience at least one episode of depression during their lifetime. • Mental ill health represented up to 23% of ill health in the UK and is the largest single cause of disability. • People with severe mental illnesses die on average 20 years earlier than the general population. • The NHS spends around 11% of its budget on mental health. This was almost double the amount spent on cancer. The Chairman thanked Kate Blackburn for presentation.
39		<u>Community health and wellbeing projects</u> Local Community health and wellbeing groups were given the opportunity to showcase their projects: Groups included: • Celebrating Age • Rethink Mental illness • Springfield Campus • Mighty Girls • Corsham Connections • Side by Side • Memory Shed • Corsham Dementia Action Alliance Funding Requests **Decision** • **SPARK (Youth funding request) - awarded £2,725 for Rewired /Pound Arts health and wellbeing festival.**

		Decision • **The Open Blue Trust (Youth funding request) – awarded £3,400 for Open Blue Bus Rudloe Youth Work.** **Decision** • **WSUN (Health & Wellbeing funding request) - awarded £1,200 for Corsham creative heritage project.** **Decision** • **Peacock Arts Trail (Health & Wellbeing funding request) – awarded £1,525 For Peacock Arts Trail creative project.** **Decision** • **Memory Shed (Health & Wellbeing funding request) – awarded £1,200 for a second weekly Memory Shed session.** The Chairman thanked all the groups for their presentations.
40		<u>Corsham Town Council - Safe and Healthy community update</u> Sharon Thomas - Head of Community Services, Corsham Town Council gave a short presentation that highlighted how Corsham Town Council was promoting a safe and healthy community. Points made included: • Was working with and supporting the Health and Wellbeing Group. • Grants – the Town Council had provided a huge range of grants to local groups including Corsham 60+, Corsham Bowls Club, MakeBelieve Arts, MS Therapy Centre, Revitalise Respite Holidays and others. • Had donated space in the Main Hall at the Town Hall for events, including the Carers Tea organised by The Porch Surgery. • That the Town Council was encouraging and supporting walking groups and fitness events such as Corsham for Walking and Corsham 10k. • That health information was on display and available at the Town Hall. • Was promoting Dementia Friends Training as part of Dementia Friendly Town project. • Had incentivise sports and fitness clubs, including identification of mutual support opportunities. • Had set up Sports Forum for local sports groups

	The Chairman thanked Sharon Thomas for her presentation.
41	<u>Corsham Health and Wellbeing Group</u> Kevin Gaskin gave a short presentation giving an over-view of the group's activities. Points made included: • Set up three years ago to strengthen what was already there through offering coordination and support – Looking through the community lens. • Focusing upon older and vulnerable people (Adults) and helping to combat loneliness and isolation. • Believing that the whole is far greater than the sum of its parts and has a vision of a vibrant, inclusive and compassionate community. • Members range from local voluntary and community groups to active individuals and professionals. • That the group was supported by Wiltshire Council and reported to the Corsham Area Board. The Chairman thanked Kevin Gaskin for his presentation.
42	<u>Community Grants</u> The Wiltshire Councillors considered three applications to the Community Area Grants Scheme: **Decision** **D Wright awarded £3,990 for Bybrook Heritage trails** **Decision** **Peacock Arts Trail awarded £1,050 for Signage for Peacock Arts Trail 2019** **Decision** **Corsham Photographic Club awarded £917.15 for Photographic Display Presentation Equipment Upgrade**
43	<u>Partner Updates</u> Updates were received from the following partners:

		• Corsham Town Council – written update
		• Wiltshire Police – written update
		• HealthWatch Wiltshire – written update
		• NHS Wiltshire – written update
		• Lacock Parish Council – That Jane Durrant had recently been elected as the new Chairman of the Parish Council.
44		**Chairman's announcements** The following Chairman's Announcements were noted: • Community Led Housing Project – written report, contained in the agenda pack. • Homelessness Strategy Consultation – written report, contained in the agenda pack. • North Wessex Downs Walking Festival – written report, contained in the agenda pack. • Corsham Walking Festival – 7-9 June 2019, 18 themed walks including: Corsham Bounds, Hartham Park, Brown's Folly, Lacock Loop, Castle Combe, Box, St Catherines and Marshfield Long Loop. Walks vary from easy to moderate to challenging from 1.5 miles to 19 miles. • Transcoco – Refill Corsham – a project to encourage local businesses to offer free water refills.
45		**Close**

Corsham Area Board

Kate Blackburn
Consultant in Public Health

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Wiltshire Community Area JSA 2016

Your Community

Corsham Community Area

Population

Corsham Community Area has an estimated population of 20,753 persons

0-17 Yrs
22% of people are aged 17 or below

18-64 Yrs
58% of people are of working age, between 18-64 years

65+ Yrs
20% of people are aged over 65 years

(1)

Life Expectancy

Corsham Community Area 83 Yrs

Wiltshire 81 Yrs

Corsham Community Area 85 Yrs

Wiltshire 84 Yrs

(2)

Deprivation

4% of Wiltshire residents live in some of the most deprived areas nationally. In Corsham Community Area, no residents live in areas of high deprivation

30% of Wiltshire residents live in some of the least deprived areas nationally. In Corsham Community Area, 43% of residents live in areas of very low deprivation

(3)

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Older People

Corsham Community Area

Older People

Almost a quarter (24%) of the population over the age of 65 in Corsham Community Area are at a higher risk of social isolation compared to 35% across Wiltshire (1)

85+ Years

2.6% of the population of Corsham Community Area are over the age of 85 years. 32% are male, 68% are female (4)

63% of persons estimated to have Dementia in Corsham Community Area have been diagnosed with the condition compared with 67% in Wiltshire (2)

Carers

12 per 1,000 persons under 65 in Corsham Community Area are unpaid carers. This is slightly higher than across Wiltshire as a whole (11 per 1,000)

In 2014/15, the rate of hospital admissions due to falls in persons over the age of 65 in Corsham Community Area (2,051 per 100,000 persons) was higher than in Wiltshire (1,880 per 100,000) (3)
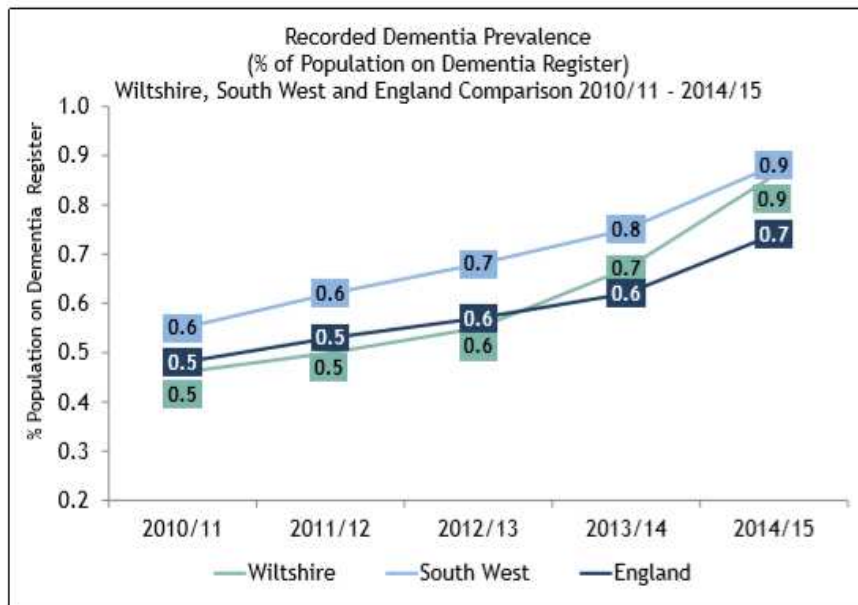
42 per 1,000 persons over 65 in Corsham Community Area are unpaid carers compared with 39 per 1,000 in Wiltshire

(5)

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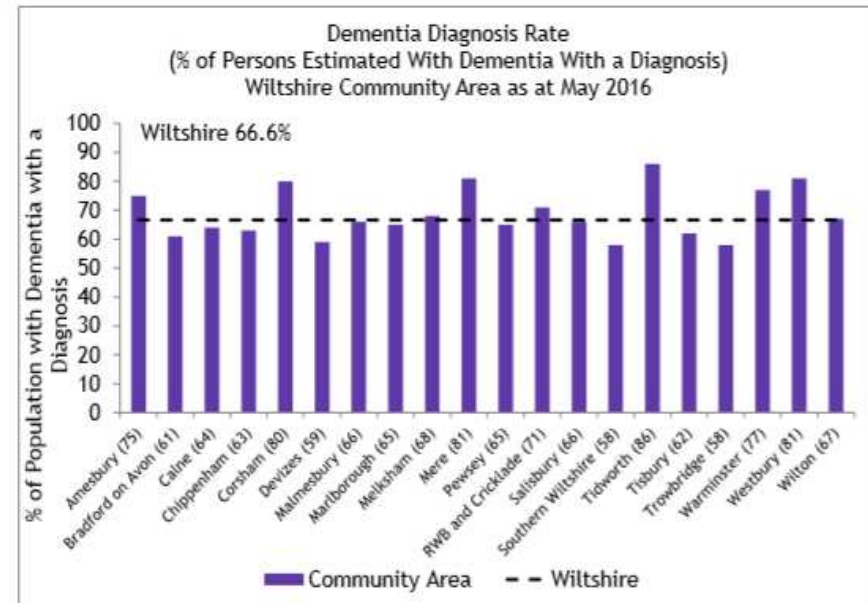
Dementia Prevalence and Diagnostic Rate

The term dementia is used to describe a collection of symptoms, including a decline in memory, reasoning and communication skills, and a gradual loss of skills needed to carry out daily activities. These symptoms are caused by structural and chemical changes in the brain as a result of physical diseases such as Alzheimer's disease. Dementia can affect people of any age, but is most common in older people. Nationally, one in 14 people over 65 has a form of dementia and one in six people over 80 has a form of dementia. Early diagnosis of dementia is important so that the most appropriate treatment and support is provided to maintain independence for as long as is possible and to allow people and their carers to plan for the future. The prevalence of dementia in Wiltshire is predicted to rise because of an ageing population. Current estimates suggest there are around 6,600 people with dementia in Wiltshire, in 2015-16. This is predicted to nearly double by 2030 to 11,878. There will also be an increase in people with severe dementia from approximately 800 in 2012 to 1,600 in 2030.

Recorded Dementia Prevalence
(% of Population on Dementia Register)
Wiltshire, South West and England Comparison 2010/11 – 2014/15

Dementia Diagnosis Rate
(% of Persons Estimated With Dementia With a Diagnosis)
Wiltshire Community Area as at May 2016

The number of people on GP Dementia registers has increased rapidly in the last few years as GP practices respond to the Prime Ministers Dementia Challenge.
Practices in Wiltshire are now very close to achieving the target of a diagnosis rate of 66.7%.

The dementia diagnosis rate is the number of people diagnosed with dementia as a proportion of the number of people expected in an area to have dementia. The areas with a low dementia diagnosis rate are Southern Wiltshire, Trowbridge and Devizes. Areas with a high diagnosis rate are Mere, Tidworth and Westbury.

Source: PHE Dementia Profile

Source: NHS Wiltshire CCG

Social Isolation - Map of Loneliness

Particular individuals or groups may be more vulnerable than others to feeling isolated, depending on factors like:

- Physical and mental health
- Level of education
- Employment status
- Wealth and income
- Ethnicity, gender and age or life-stage.

There are links between health, social inequality and social isolation; many factors associated with social isolation are unequally distributed.
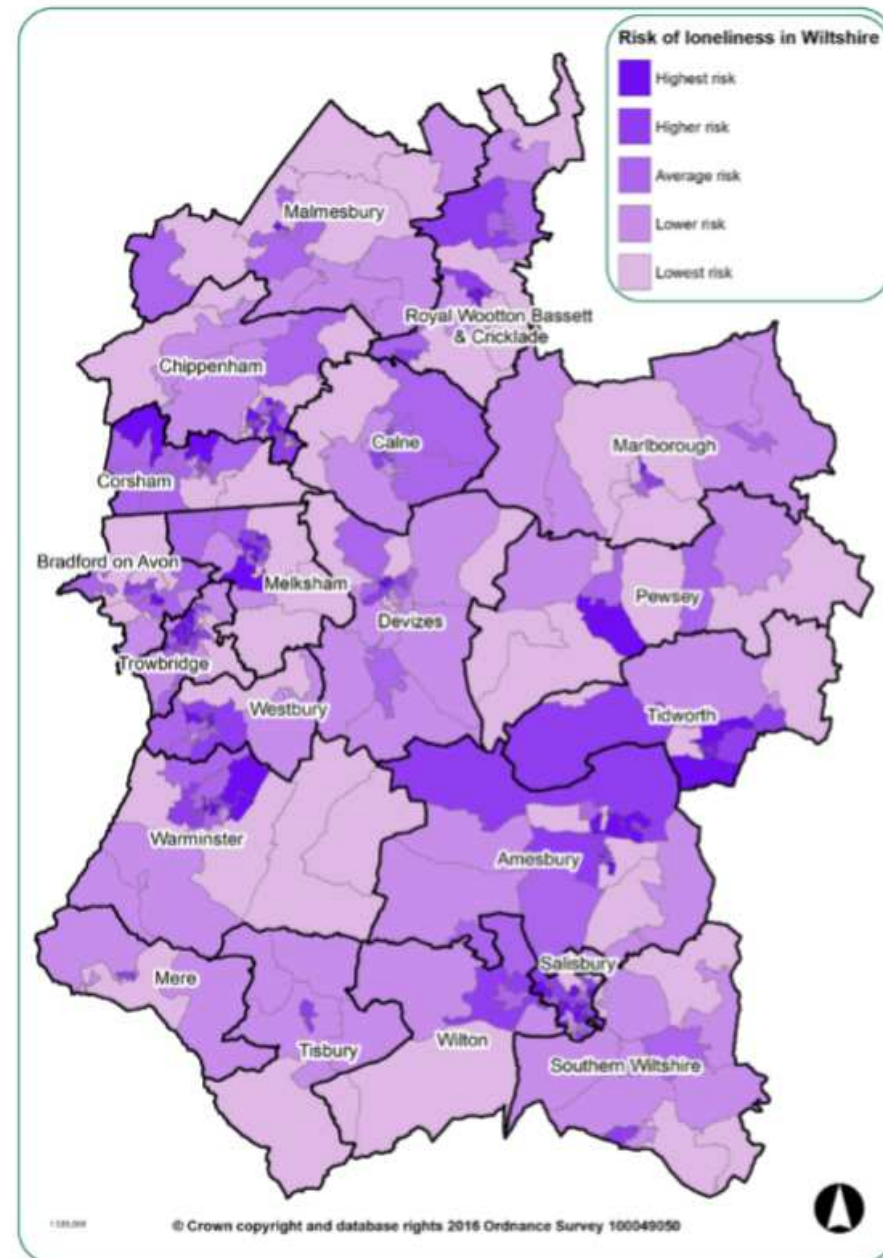
Within the map the darker shaded areas are those most at risk of social isolation, whilst lightly shaded areas are at a lower risk.

Around 2% of the Wiltshire population aged 65 and over live in the areas most at risk of social isolation. This is equivalent to approximately 2,200 people.

Over 50% of our population over the age of 65 live in areas which are of lowest risk.

The map of loneliness data suggests that there is a greater risk of social isolation in urban areas, Age UK suggests this might be because older people in rural areas establish better support networks.

Source: Map of Loneliness, Age UK

Risk of loneliness in Wiltshire
- Highest risk
- Higher risk
- Average risk
- Lower risk
- Lowest risk

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Mental health and wellbeing

- At least 1 in 4 people will experience a mental health problem at some point in their life
- 1 in 6 adults have a mental health problem at any one time
- Almost half of adults will experience at least one episode of depression during their lifetime
- Mental ill health represents up to 23% of ill health in the UK and is the largest single cause of disability
- People with severe mental illnesses die on average 20 years earlier than the general population
- The NHS spends around 11% of its budget on mental health. This is almost double the amount spent on cancer

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Protective factors

The 5 Ways to Wellbeing Model is an established framework for considering protective factors that comprises:

1. Connect
2. Be Active
3. Take notice
4. Keep learning
5. Give

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